

CENTRE INFORMATION: The Centre has a very informal, positive and friendly atmosphere, encouraging everyone from the local community to return to learn in the heart of the city.

ADVOCACY SERVICE: SWC offers an advocacy service in partnership with Washington Mind.

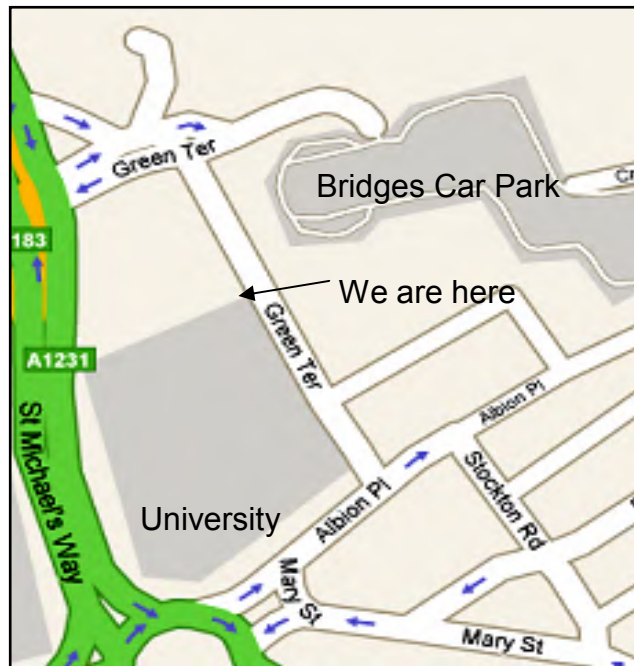
CRÈCHE FACILITIES: SWC Crèche is committed to providing a safe, educational, stimulating and secure environment for all children. Crèche leaders are fully qualified and the facility is inspected by OFSTED. Crèche places are available not only to mothers but to all carers of children under the age of 5yrs.

Crèche Costs

£2.00 per child per session,
£1.00 for those in receipt of means tested benefit.

Please book at enrolment.

Enrolment fee £3.00 per course.



SWC is funded & Supported by



1989 Willan Charitable Trust

The Lily Matthews Fund

The Henry Smith Charity



**European Union
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SUNDERLAND WOMEN'S CENTRE

Learning Opportunities for
the Community

**COURSES COMMENCING
15th April 2013**

Enrolment Week

**8th – 11th April 2013
10am – 3pm**

**8 Green Terrace
Sunderland SR1 3PZ
Tel: 0191 5677495**

Email: swc@btclick.com

www.sunderlandwomenscentre.co.uk

Charity No. 1108695

Company No. 5252285



Sunderland College (SC)

We deliver accredited courses in partnership with Sunderland College, these will run until the end of the academic year, to July.

Basic Skills

We offer courses in Literacy and Numeracy, so that you can obtain a qualification from Entry Level 1 up to Level 2.

Please note that 80 % attendance is required for all courses.

College courses are free to those in receipt of a means tested benefit. Proof of benefit must be received within ONE week of the course commencing.

Sunderland Women's Centre strives to ensure equality of opportunity by identifying and removing barriers to learning and by supporting women from under-represented or disadvantaged groups. We also strive to take an holistic approach to the general well being of all women and children and to promote a positive attitude to lifelong learning.

MONDAY	
Cross Stitch: An informal social session -bring your own craft projects. (£3 per week)	1.00-3.00
TUESDAY	
What is Counselling?: An introduction into the basics. (£2 per week)	10.00-12.00
Confidence Building: Being more assertive and building your self esteem.	10.00-12.00
Psychology: An introduction to Psychology from an evolutionary perspective. (£2 per week)	1.00-3.00
WEDNESDAY	
Brush up Maths & English: Entry Levels 1 to 3.	10.00-12.00
Family History: Research your family tree. (£2 per week)	10.00-12.00
World History: Women of Power. (£2 per week)	1.00-3.00
THURSDAY	
Basic ESOL: For absolute beginners of English Language. (£2 per week)	10.00-12.00
Be Crafty: Be creative making your own greetings cards or learn techniques to make your own jewellery. (£2 per week. There is an additional weekly cost for materials.)	10.00-12.00
Art Group: A social group for the more experienced painter. (£3 per week)	12.00-2.00
Return to Learn Literacy: Study accredited English up to Level 2.	12.30-3.30
Basic Computers: Learn basic computer skills. (£2 per week)	1.00-3.00
What is Philosophy? An introduction into the main topics. (£2 per week)	1.00-3.00

There is a non-refundable admin fee of £3 for each course.

Some courses may have other fees attached but are free to those in receipt of benefits. All proof of benefit must be seen before the commencement of the course. Evidence of benefit,

Enrolment fee £3.00 per course (non refundable)

Book your childcare at time of enrolment.

where applicable, must be no more than four weeks old.

PLEASE REMEMBER TO BOOK YOUR CRECHE PLACE!

Ensure you have enrolled before courses commence to avoid disappointment..